

**MISSOURI DEPARTMENT OF MENTAL HEALTH (DMH)  
COMPREHENSIVE PSYCHIATRIC SERVICES (CPS)  
STATE ADVISORY COUNCIL (SAC)  
MEETING MINUTES  
March 27, 2008  
Jefferson City, Missouri**

**Members Present:** Robert Qualls, Ethel Wesson, Helen Minth, Karren Jones, Linda Clark, Erica Stephens, Suzanne Taggart, Mary Lou Bussabarger, Teresa Kimble, Glenda Meachum-Cain, Donna Lay

**Members Absent:** Mariann Atwell, Liz Hagar-Mace, Sandra Hamilton, John Harper, Al Henning, Kim Johnson, Mark O'Toole, Sarah Stanton

**Visitors:** Leuvena Sanders, Bob Bussabarger, Dr. Tracey Greever-Rice, Sarah A. Earll

**DMH Staff:** Tish Thomas, Susan Blume, Vickie Epple, Julie Carel, Karen Battjes, Clive Woodward

**SAC Staff:** Rosie Anderson-Harper, Tina Lee

TOPIC/ISSUE	DISCUSSION	ACTION/PENDING Responsible Due Date
CALL TO ORDER	Robert Qualls called the meeting of the CPS-SAC to order at 10:05 a.m. on Thursday, March 27, 2008. The meeting was held at the Department of Mental Health, 1706 East Elm St., Jefferson City, Missouri, in Conference Room B.	
INTRODUCTIONS/ PACKET REVIEW	Welcome and introductions were facilitated by Robert Qualls. Robert's opening story reflected on winter's transition into spring, signs of warmer weather and the renewal of life. This is the 20 <sup>th</sup> anniversary of Robert's journey from hope to health and there are indications that we are moving in the right direction. Robert recounted Tennessee's hospital conditions and its transition into a business. He also mentioned the unfolding progress in the State of Missouri into evidence based practices and transformation to offering Hope. It's time again for Mental	

<p><b>MENTAL HEALTH AWARENESS DAY PLANNING</b></p>	<p>Health Awareness Day. We have a beautiful butterfly that represents Spring, Life, and Hope and our motto that we chose is “Moving from Hope to Health”.</p> <p>Vickie Epple announced that the Mental Health Transformation Implementation Spring Kickoff will be held on April 9, 2008 from 1 to 4 PM, at the Truman Hotel in Jefferson City. Please respond by April 3<sup>rd</sup> if you plan to attend. Vickie also mentioned that Truman Hotel has plenty of parking and also DMH will provide shuttles from DMH to the Truman Hotel.</p> <p>Rosie Anderson-Harper reviewed dates for the Champions Awards Banquet which will be held on Wednesday, April 16, 2008. There are at least 200 signed up to attend as of March 27<sup>th</sup>. Also, our 19<sup>th</sup> Annual Mental Health Awareness Day, “Moving from Hope to Health” is scheduled for Thursday, April 10, 2008. Rosie also mentioned that the Spring Training Institute will be held May 14-16, 2008 at Tan-Tar-A Resort at the Lake of the Ozarks.</p> <p>Helen Minth updated everyone on Mental Health Awareness Day Planning. Helen mentioned that there are three speaking slots open as some of the speakers we were wanting had other obligations so we will need to fill those three slots. We are also low on exhibitors. Helen contacted people who had booths or tables last year and there were not a lot of responses for tables this year. Helen asked that everyone look at her list at lunch and if you have any ideas of who Helen could contact that are not on the list and that would be interested in having a display to let her know. Paraquad was mentioned in the morning meeting. Also, Suicide Prevention, Anti-Stigma Group, etc., would be good ideas. If anyone has contact names or cities that would be great.</p> <p>Rosie Anderson-Harper mentioned that she hopes all will stay to help with the bags for MHAD. We have bookmarks, pens, notepads, and suicide prevention magnets. There will also be seed packets with the mental health/transformation logo. We are planning on making 800 to 1000 bags. The display tables are free organizations disseminate materials and talk about their programs. Also, participants will have lunch tickets in their bags for free pizza and a drink. This way the meal should flow much better than last year. Awards will be presented to media personnel who have excelled in promoting mental health awareness and</p>	
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<p><b>PERFORMANCE INDICATORS/DATA</b></p>	<p>recovery in the last year.</p> <p>Clive Woodward, the Coordinator of Quality Improvement, gave an overview of the Uniform Reporting System (URS). This is the data that every state has to give for the block grant numbers so at the federal level it can be added up and used, compiling reports for each state, and publishing it on the internet. Missouri's summary is 62 pages. CPS shipped off all our data in December for FY07 and the feds have sent back the first draft to be reviewed. There were errors in the first draft on both ends and this will all be fixed in the final version. It needs to be fixed and sent to SAMHSA by the end of the first week in April. One error on CPS's part was replicated in previous data shared with SAC, and fixing it works to our favor. On the Adult Satisfaction Data – percentages are the percent that were satisfied divided by complete number. Some who reported n/a were also counted and the number was lower. It made a difference in the outcomes domain; more people reported n/a there. Perhaps questions feel more intrusive, which might lead to those being blank. The outcome score was 56%, dramatically lower, but fixing data pulls percent to 71%. That is a fairly significant change for the good and although we are not reviewing the national outcomes measures report yet just to compare nationally the score on that outcomes domain is 70%. Clive also mentioned that part of what we have to submit to the feds when we do this is an estimate of the statistical significance of these measures and it turned out on the adult report that was plus or minus 2%. So, our 80% to 82% were right on the edge of that being a significant difference.</p> <p>Also, we plan on doing some additional reporting based on this information now that we have 3479 surveys and that will be over 5000 by the time we have the whole fiscal year's worth. We also want to look at these numbers in terms of if there are other questions on the survey, the current living arrangement, employment or not, etc., so we can start to look at how those kinds of variables seem to affect these different areas of satisfaction. CPS has not done that yet because the feds do not require it, but we think this might be interesting.</p> <p>The second page is the list of Performance Measures that the Mental Health Commission wants CPS to report to them quarterly. Clive will keep showing this</p>	
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<p><b>PERSON CENTERED PLANNING</b></p>	<p>to SAC because it has continued to be a little bit of a moving target as it gets reviewed. This is the list of measures that CPS will be reporting to the Commission in May for the first quarter of calendar 2008. Depending on the debate and review in the MH Commission they will decide if there is something on the list they are not interested in or if there is something they do want, etc. CPS is presenting just the first quarter's data and then adding a quarter's data going forward so that our calendar 2008 numbers on all of these performance measures become our baseline for future reports.</p> <p>Tish Thomas reported that she's working on the Person Centered Planning (PCP) Grant. Tish is employed by the University of Missouri-Kansas City Institute of Human Development and her job is to coordinate a 3 year federal grant. It is a Center for Medicaid and Medicare Service (CMS) grant and it is for Person Centered Planning Implementation. The grant is for systems change and involves both the Divisions of MRDD and CPS. Tish will be working with both divisions and there is also a youth component. The grant was built on two documents. One was the Show Me Change document which is something that the Missouri Planning Council did back in 1998. It's called Building a Participant Driven System for Missourians with Developmental Disabilities. This has been a guidebook for the Division of MRDD for a long time. Also, DMH created Practice Guidelines for Consumer Directed Services and Supports and this was published back in 2003. Copies of the documents are available for anyone who asks. There are plans to have a group to update this document. The overall goal of this grant is to improve and enhance the capacity for Person Centered Planning in the Division of MRDD. MRDD has moved fairly successfully to a consumer driven system and have been doing it for a long time. The Division of MRDD wants to increase the number of trained facilitators. CPS's goal is to have more consumers involved in their treatment plans and more trained facilitators of Person Centered Planning. The goals are recovery, transformation, Procovery, wellness and empowerment. The youth focus is transition from the children's system to the adult system and trying to get Person Centered Planning involved while they are in the youth system and follow them into the adult system.</p> <p>Tish also mentioned plans for a PCP advisory group which will meet twice a year with representatives from MRDD, CPS and youth. She is looking for</p>	<p>If interested in being on the</p>
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<p><b>MISSOURI SENIOR REPORT</b></p> <p><b>BUSINESS MEETING MEETING MINUTES</b></p> <p><b>OLD BUSINESS</b></p>	<p>professionals, consumers, self-advocates, family members to help guide the process. She would also like to have a representative from SAC.</p> <p>Dr. Tracy Greever-Rice, University of Missouri, Office of Social &amp; Economic Data Analysis, gave an overview of the Status of Seniors in Missouri. She shared with committee members information on the status of seniors, including trends for which indicator data are available, annual population estimates, population projections, and health and wellness information. She also mentioned that Missouri has improved on some of the indicators between the base and current years. Improvements are noted in health status, healthcare access, transportation and crime. Trends declined for measures of household composition, workforce participation and long term care. For more information you can find the Missouri Senior Report at <a href="http://www.missouriseniorreport.org/">www.missouriseniorreport.org/</a></p> <p><b>Approval of Minutes:</b> The minutes were revised to correct the 3<sup>rd</sup> sentence of the Protection &amp; Advocacy Report. Helen Minth moved that the minutes be accepted after the change is made. Donna Lay seconded the motion. The council voted unanimously in favor. The minutes were approved as amended.</p> <p>Consumer Monitoring -- Rosie reported that a decision was made to pilot consumer monitoring during the certification process. She has asked Robert Qualls and Donna Lay to pilot this with CPS at Tri-County Mental Health Services certification visit in Kansas City. The tentative date is in June. A manual has been created that has introduction about the services CPS provides, details on how certification works, and all the certifications standards. After the April SAC Meeting, Robert and Donna will receive additional training on the certification process.</p> <p>Peer Support Specialist Implementation – Robert reported that one of the things that SAC has discussed over the past year has been the Peer Support Specialist Implementation. He wanted to let everyone know that the initiative is moving along and he has had an opportunity to participate in the conference calls as the program is developing. He also mentioned that Randy Johnson who works with the Mental Health Association of the Heartland and who is also the person that trained the last group of peer support specialist will be doing a presentation at the</p>	<p>advisory group, please let Rosie know.</p>
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<p><b>ADJOURN</b></p>	<p>there and also the Department of Mental Health is going to have a table on suicide prevention.</p> <p>Next Month's Agenda Items:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Morbidity and Mortality Study/Dr. Parks</li> <li><input type="checkbox"/> Performance Indicators/Data by Clive Woodward</li> <li><input type="checkbox"/> Mental Health Awareness Day Wrap-Up Discussion</li> </ul> <p>Donna Lay made a motion to adjourn. Ethel Wesson seconded the motion. The council voted unanimously in favor. The State Advisory Council for the Division of Comprehensive Psychiatric Services adjourned at 1:45 pm on March 27, 2008.</p>	<p>Next CPS/SAC meeting will be held on April 24, 2008 in Conference Room B at the Department of Mental Health in Jefferson City, MO.</p>
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